

# CHALLENGES AND ACHIEVEMENTS – CBR PROGRAMMES AND PERSON WITH MENTAL DISORDERS

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## Plenary Session

Mike Davies – Global perspective of CBR projects  
of CBM.

Highlights:

- CBR being cost effective
- Rights of people with neuropsychiatric disability
- Consent
- Livelihood
- Accessibility to services
- Currently most CBR programs worldwide do not include people with mental illness.
- Orientation of PHW in mental health services
- Support for CBR workers – “burnout”

## Plenary Session

T. Damdinsuren – Mental Health Issues in Mongolia

Highlights:

- CBR work with formal sector
- Stigma and discrimination against people with mental illness
- Livelihood projects and rehabilitation centers

## Plenary Session

Lemuel Boah- Mental health issues in Monrovia-  
Gerdnersville CBR programme

Highlights:

- Psychological impact of war on victims as well as perpetrators
- Lack of proficiency excluded mental health component from CBR programmes
- No coordination between formal sectors and CBR programmes in Liberia
- National poverty reduction strategy takes into account people with mental illness

## Group Discussion

Group I – Lack of access to treatment and referral services for persons with mental disorders

Highlights:

- Capacity building to help strengthen referral system
- Working with traditional healers
- Public awareness- Traditional practices, beliefs
- Livelihood- intersectoral approach
- National policy/regulation
- Standardisation of curriculum for training
- Simple diagnostic tools

## Group Discussion

Group II – Stigma, marginalization and livelihood problems

Highlights:

- Stigma in different countries- stained, karma, magic, evil spirit, side effects of medications
- Role of media
- Early identification needed
- Livelihood reduces stigma

## Group Discussion

Group III – Persons with mental disorders in institutions like old mental hospitals, prisons etc.

Highlights:

- Deinstitutionalisation
- “Institutionalization” of mental health workers
- Effective CBR programmes reduces burden of mental hospital
- Include consumer groups in CBR movement
- Mental health issues neglected in prisons

## Take Home Message

- CBR is emerging a cost effective concept in rehabilitating people with psychosocial disabilities.
- Need for proficiency in MH issues among CBR workers.
- Need to work with the formal sector.
- Recognise the role of traditional healers/religious leaders.
- CBR effective to reduce stigma and discrimination

## Take Home Message

- Livelihood as an important component in rehabilitation of people with psychosocial disabilities.
- Need for national policy /regulation ,legislation ( involuntary admission ,informed consent).
- Incorporation of MH in CBR reduces unnecessary institutional care.

**SASWADEE!**