

INTRODUCTION

The workshop on CBR was organised in 1995 by the Italian Association Amici di Raoul Follereau (AIFO). The full report was published originally in Health Cooperation Papers, AIFO, 1995. Five main reports from this workshop are presented here:

- [Multisectoral Approach](#): **Dr Brian O'Toole (Guyana CBR Programme).**
- [Community Participation](#): **Mr Lawrence Offori Addo (Ghana CBR Programme).**
- [Launching of New CBR Programmes](#): **Dr Tran Trong Hai (Vietnam CBR Programme).**
- [Evaluation](#): **Dr Maya Thomas (Action Aid, India).**
- [Indicators for CBR Programmes](#): **Dr Sunil Deepak (AIFO, Italy).**

The idea of organising this workshop came from Dr Enrico Pupulin of World Health Organisation (WHO). Dr Enrico Pupulin and Dr Ann Goerdts, from the Rehabilitation Unit of WHO also gave valuable suggestions and comments about the persons to be invited as participants. In addition, they also contributed to the definition of the workshop programme. Without their support, it would not have been possible to organise this workshop.

The Training and Cultural Co-operation Unit of Directorate General for Development of the Commission of European Communities, provided financial support for part of the expenses of this workshop, especially for participants coming from ACP countries.

Other international organisations which supported the organisation of this workshop were:

* Norwegian Association of Disabled (NAD), Galleri Oslo, Schwelgaardsgate 12, 0186 Oslo, Norway. Tel. (4722) 170.255; Fax. (4722) 176.177.

* Action Aid, Hamlyn House, Archway, London N19 5PG, Britain. Tel. (4471)281.41.01; Fax. (4471) 272.08.99.

* Radda Barnen, Torsgatan 4, S 10788 Stockholm, Sweden. Tel. (468) 69.89.000; Fax. (468) 69.89.012

* Red Barnet, 4 Borgardsvaenget, DK 2820 Gentofte, Denmark. Tel. (4531)680.888; Fax. (45-31) 68.05.10.

* Save The Children Fund, Mary Datchelor House, 17 Grove Lane, Camberwell, London SE5 8RD, Britain. Tel. (4471) 703.54.00 Fax. (4471) 793.76.26.

ORGANISATION OF THE WORKSHOP AND THE WORKING METHODOLOGY

WHY WAS THE WORKSHOP ORGANISED: According to the WHO estimates, disabled persons constitute about 4 to 7 percent of the population. In the majority of the developing countries, barely 2 percent of the disabled persons are able to benefit from the Institution Based Rehabilitation services. The Alma Ata declaration in 1978 proposed the Primary Health Care approach to provide basic health care services to reach all the population. About that same time, the idea of Community Based Rehabilitation (CBR) was born.

In the last decade, this approach has been tried in different countries, and now, many others are planning to use it. Out of the experiences of the CBR programmes, came the realisation that the rehabilitation services for disabled persons cannot be limited to only medical rehabilitation

activities and a multisectoral approach, involving other key sectors like education, labour, social affairs, etc., is needed. Disabled persons themselves and the communities where they live, have to play an equally important role in the rehabilitation activities.

The workshop was organised with the idea that it would be useful to get together CBR programme managers from different countries, for sharing of experiences, as well as for discussing some specific issues related to the CBR programmes. Four main themes were identified for the discussions: Multisectoral approach; Community Participation; Launching of new CBR programmes; and Evaluation. For each theme, one discussion coordinator was identified and the participants were asked to suggest the priority areas related to each theme, for discussion. On the basis of the suggestions received from the participants, each co-ordinator prepared a list of topics for the discussions.

During the workshop, discussions on each theme were organised in the following way: short introduction by the co-ordinator about the priority areas for discussion in a plenary session; discussions in small groups of 5 or 6 persons; presentation of the results of group discussions in a plenary session.

During the last part of the workshop, while dealing with the issue of evaluation, the participants identified another priority theme for discussion, that is: Indicators for CBR programmes. This was examined as a separate topic for group and plenary discussions. During the workshop, each co-ordinator prepared a summary report of the discussions. To these reports, examples from different countries were added by the participants, as a way of illustrating some specific issues. These were all put together to prepare this final report. The themes discussed during the workshop and the co-ordinators who prepared the related reports were as follows:

- **Multisectoral Approach: Dr Brian O'Toole (Guyana CBR Programme).**
- **Community Participation: Mr Lawrence Offori Addo (Ghana CBR Programme).**
- **Launching of New CBR Programmes: Dr Tran Trong Hai (Vietnam CBR Programme).**
- **Evaluation: Dr Maya Thomas (Action Aid, India).**
- **Indicators for CBR Programmes: Dr Sunil Deepak (AIFO, Italy).**

Compilation of final report was done by Dr Sunil Deepak (AIFO, Italy); editing and preparation of the final text was done by Ms Geraldine Maison Halls (Guyana CBR Programme).